Celebrating 35 Years

Founding Organizations:

Georgia Department of Human Resources Division of Public Health

Robins Air Force Base Services Section

2017

Georgia Recreation and Park Association Senior Citizens Section

Georgia Health Care Association

The University of Georgia JW Fanning Institute for Leadership and Community Development

Georgia Department of Natural Resources

September 27-30, 2017 Warner Robins, Georgia Hosted by: Warner Robins Recreation Department

Go()

Georgia

Georgia Golden Games, Inc.

2017 GEORGIA GOLDEN OLYMPICS INFORMATION

The 2017 Georgia Golden Olympics Committee extends a personal invitation to you to attend the 35th Georgia Golden Olympics Event. ALL MEN and WOMEN, 50 and OVER, are invited to participate in the Georgia Golden Olympics on September 27-30, 2017 (Wednesday through Saturday) in Warner Robins, GA, hosted by the Warner Robins Recreation Department.

PURPOSE

By providing the opportunity to participate in a social, competitive, recreational, and athletic event, the Golden Olympics:

- Helps to maintain and improve health and wellness.
- Promotes an interest in lifetime sports, recreation and physical activity.
- Creates an awareness of the abilities and capabilities of older adults.

AGE

- Determined by participant's age as of December 31, 2017
- All events will be held in 5 year age brackets (50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90+)
- Age division for doubles and mixed doubles is determined by the youngest partner on December 31, 2017.
- Team sports will be held in the following age categories. 50+, 55+, 60+, 65+, 70+, 75+. Three on three basketball will have an 80+ division. Age division is determined by the youngest player on team as of December 31, 2017.

CATEGORY

• STANDING and SITTING: STANDING category for all events. SITTING for non-national qualifying events only. (Note: SITTING is designed for those participants whose physical mobility is dependent upon supportive devices such as wheelchairs or walkers.)

REGISTRATION FEE

 Registration fee of \$40 if registered by August 1, 2017 (Late Registration: \$80.00 after August 1, 2017 until August 15, 2017 only) entitles participant to enter three (3) events of their choice with no time conflicts. "Event" is defined as "one" activity. For example, tennis singles and doubles are two events.

Participation (not registration) entitles individuals to a T-Shirt, admission to awards dinner (if indicated on form), lunch on Saturday and medal for 1st, 2nd, and 3rd place winners. **Shirts are given to participating athletes only**.

ADDITIONAL FEES

Each additional event over 3 is **\$7.00** per event; **ARCHERY** fee is **\$12.00**; **Bowling fee** is **\$8.25** per event; **Cycling fee** is **\$25.00**; **Golf** fee is **\$25.00** which includes cart and green fees; **Tennis** fee is **\$5.00**: **Racewalk** fee is **\$5.00**; **Softball tournament** fee is **\$50** per team.

FEES ARE NON REFUNDABLE FOR ANY REASON AFTER AUGUST 15, 2017

Checks should be made payable to and mailed with signed registration to: Georgia Golden Games, Inc. PO Box 958 Winder, GA 30680

REGISTRATION

- Register online *(if you have previously competed in Georgia)* at the Georgia Golden Olympics website. Go to www.georgiagoldenolympics.org and click on the registration link.
- The enclosed registration form must be completed and mailed with proper fees and **age verification** by

August 1, 2017 (must be postmarked by August 1). Late registrations will be accepted until

August 15 with an additional fee. No registrations will be accepted after this date.

The liability waiver on the Registration form must be signed and dated by the applicant. Incomplete registrations will be returned but may be resubmitted within five days of notification.

(Late fee is charged for registrations post marked after August 1, 2017 through August 15, 2017).

COMBINED/CANCELED EVENTS

 Olympic officials reserve the right to combine age groups or cancel events with insufficient numbers registered.

FORFEIT TIME

• Athletes forfeit the right to participate if not present at an event 15 minutes **PRIOR** to start for roll call.

PROOF OF AGE

- Proof of age is required if you HAVE NOT participated in the Georgia Golden Olympics since 1993.
- Acceptable proof of age includes copy of an ID such as driver's license, birth certificate, passport, military record.
- Registrations without acceptable proof of age will be returned and will delay the registration process.

EVENT CHANGES, ADDITIONS, NOTES

- Athletes are responsible for knowing the rules, regulations, physical requirements and abilities needed for the event.
- Only (5) swimming events allowed.
- Only two (2) tennis events allowed.
- Athletes may not compete in both Horseshoe Tournament and Horseshoe Toss.
- Race walkers may not compete in walking events and vice versa.
- Race walkers, runners, 1500M and 5K walkers may not compete in the ½ mile walk.
- Team bowling is 4 members.
- Doubles and mixed doubles athletes *MUST provide* their own partner and each athlete must register.
- Pickleball may require Friday play based on number of registrants.

- Track shoes or running shoes only may be used for track and field events. No other sports cleats i.e., football, baseball may be worn.
- Team Managers/Captains
 Each team member should register and managers
 should submit roster for team. Print roster from
 <u>www.georgiagoldenolympics.org</u>
 Managers should submit team fee if applicable.
 NO TEAM ROSTER CHANGES ALLOWED
 AFTER AUGUST 15, 2017.
- Medals will be given at the completion of each event.
- **The Celebration/Parade of Athletes** will be held on Thursday evening before the athlete reception.

RULES AND POLICIES

- All events are governed by the National Governing Board rules for each event. Exceptions are noted in the Georgia Golden Olympics Rule Book. A copy of the Georgia Rule Book can be ordered for \$6.00 from: GGO Rules, PO Box 958, Winder, GA 30680. The rulebook is also available on the website: www.georgiagoldenolympics.org
- During an event all appeals for official interpretation shall be made to the Event Director for that specific event. If the Event Director needs assistance or a controversy occurs, the Rules Committee will render a final decision. *Appeals must be filed immediately or the right to appeal is forfeited.*

SCHEDULE CONFLICTS

 Due to the number of events, there are time frames when more than one event is scheduled. Athletes will be allowed to register in only one event per time frame *unless otherwise noted*. *It is the athlete's responsibility to check for time conflicts*. Registrations with schedule conflicts will be returned or GGO staff will make the event choice.

RAIN PLAN

 In case of inclement weather, unusual or extenuating circumstances, Georgia Golden Olympics officials reserve the right to cancel or postpone events to a different time than scheduled.

FOOD, FUN, AWARDS DINNER, DANCING

- The Parade of Athletes and Torch lighting will be held on Thursday evening followed by an athlete reception with entertainment, dancing, drinks and light snacks. Please plan to attend.
- On Friday evening at 6:30 pm, all athletes are invited to the Awards Dinner and Dance at the Wellston Center, 155 Maple Street. The evening will include a delicious meal, contributor recognition, gift basket raffle, music and dancing. The theme is, "Roaring Twenties". Dress in your favorite 20's attire and come party, meet, mingle, dance and have fun. Prizes will be given for the best attire.

Please check the correct block on the registration form if you plan to attend the dinner. Guests may attend for an additional cost of **\$10.00** each. Please indicate the number of guests on the registration form and include additional dinner fee with the registration.

 Saturday lunch will be provided for all athletes. Please indicate on the registration form if you plan to attend on Saturday and if you want to purchase additional lunch meals @ \$6.00 each. An individual's name tag will be the ticket for Saturday Lunch.

HOUSING, LODGING OPTIONS

(Make reservations as soon as possible.)

 If you plan to spend an evening in Warner Robins, please see the list of lodging options and general prices.

To receive these rates, please state that you are with the "Georgia Golden Olympics".

Warner Robins, Georgia

Comfort Inn & Suites	478-922-7555	HOST HOTEL
(Near RAFB)	Standard	\$89.00+15% tax
(code Golden Olympics	2017) Suites	\$95.00+15% tax
Days Inn	478-953-3800	\$62.00+15% tax
Candlewood Inn	478-333-6850	\$91.00+15% tax
Comfort Inn (Watson)	478-953-3000	\$75.00+15% tax
LaQuinta Inn & Suites	478-333-6920	\$99.00+15% tax
Pine Oaks (RAFB)	478-926-2100	\$60.00 (must
have base privileges)		

Suburban Extended Stay 478-953-5100 \$61.00+15% tax Ponderosa Campground 478-825-8030 (I-75 at exit 142) For more info: www.wrga.gov

Perry, Georgia

Crossroads Travel Park 478-987-3141 (I-75 at exit 136)

PUBLICITY - HELP SPREAD THE WORD

• Please promote the 2017 Georgia Golden Olympics in your local area. Public service announcements for local media and other promotional items can be downloaded from the website:

www.georgiagoldenolympics.org/about

This registration packet may be copied and distributed freely.

NATIONAL SENIOR GAMES ASSOCIATION (NSGA)

The Georgia Golden Olympics is the approved state organization and qualifying site for the National Senior Games Association (NSGA). 2017 is not a qualifying year for National Senior Games, presented by Humana. 2018 will be the qualifying event for the 2019 National Games in Albuquerque, NM. For more information go to: www.nsga.com



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AMATEUR ATHLETIC WAIVER AND RELEASE OF LIABILITY READ BEFORE SIGNING

In consideration of being allowed to participate in any way in the <u>Georgia Golden Olympics (Georgia</u> <u>Golden Games, Inc.)</u> athletic/sports program, the undersigned acknowledges, appreciates and agrees that:

- 1. The risk of injury from the activities involved in this program is significant, including the potential for permanent paralysis and death, and while particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and
- I KNOWINGLY AND FREELY ASSUME ALL SUCH RISK, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES or others, and assume full responsibility for my participation; and
- 3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest official immediately; and
- 4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS <u>The Georgia Golden Games, Inc</u>, their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used to conduct the event ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE.
- 5. I have prepared myself for the events that I have entered by practicing prior to the Golden Olympics. To the best of my knowledge and belief, I have no physical restrictions, which should prohibit my participation in these events. The <u>Georgia Golden Olympics, (Georgia Golden Games, Inc.)</u> has my permission to have a physician, nurse, and/or EMT attend to me if necessary during participation in this competition.

I HAVE READ THIS **Release of Liability and Assumption of Risk Agreement**, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

PARTICIPANT PRINTED NA	ME:
SIGNATURE:	
AGE:	DATE SIGNED:
In case of	f an emergency whom should be contacted?
	name:
Phone:	Relationship:

PHOTO RELEASE:

I hereby grant full permission to the Georgia Golden Olympics (Georgia Golden Games, Inc) to use my photograph likeness in any medium or any record of this event for any legitimate promotional purposes.

Participant Signature:

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_Age: _

Avoid Conflicts. *Check time schedule in form and DO NOT choose events in the same time slot.* Application will be returned if time conflicts appear. Events will not be delayed due to scheduling conflicts. All athletes must be at event 15 minutes prior to starting time for roll call.

National Qualifying Events	*SOFTBALL
*ARCHERY	Team Name:
Compound Finger Shooter	Manager Name:
□ Bare Bow Compound □ Bare Bow Recurve	Manager Phone:
Compound Release Aid Recurve	Team Age: □ 50+ □ 55+ □ 60+ □ 65+ □ 70+ □ 75+
*BADMINTON	*Swimming
Singles Doubles Mixed Doubles	50Y Backstroke 50Y Butterfly
Doubles Partner:Age	100Y Backstroke 100 Butterfly
Mx Dbls Partner:Age	,
*Basketball 3 on 3	
	100Y Breaststroke 100Y Freestyle 000Y Freestyle
Team Name: Manager Name:	
Manager Phone:	 500 Freestyle 100Y Individual Medley
Team Age: 50+ 55+ 60+ 65+ 70+ 75+ 80+	 200Y Individual Medley 200Y Individual Medley
*Bowling	 400Y Individual Medley
□ Singles □ Doubles □ Mixed Doubles	*TABLE TENNIS
-	□ Singles □ Doubles □ Mixed Doubles
Doubles Partner:Age	Doubles Partner:Age
Mx Dbls Partner:Age	Mx Dbls Partner:Age
 Team (4 members) (not a qualifying event) 	
Team Name: Team Captain Phone	*Tennis
Team Captain Phone	□ Singles □ Doubles □ Mixed Doubles
Team Age: 50+ 55+ 60+ 65+ 70+ 75+ 80+	Doubles Partner:Age Mx Dbls Partner:Age
*CYCLING	
□ 5K Time Trials □ 20K Road Race	*Track
□ 10K Time Trials □ 40K Road Race	50M Run 200M Run 800M Run
*FIELD EVENTS	□ 100M Run □ 400M Run □ 1500M Run
Discus Shot Put Hammer Throw	*Volleyball
🗆 Long Jump 🛛 Triple Jump 🗇 High Jump	Team Name:
□ Javelin	Team Captain:
Golf Tournament 18 Holes)	Captain Phone: Team Age: □ 50+ □ 55+ □ 60+ □ 65+ □ 70+ □ 75+ □ 80+
□ *Horseshoe Tournament	-
	<u>Non-National Qualifying Events:</u>
*PICKLE BALL	BASKETBALL THROW DEFOOTBALL THROW
Singles Doubles Mixed Doubles	□ BILLIARDS □ FRISBEE THROW □ CHECKERS □ HORSESHOE TOSS
Doubles PartnerAge	□ CLOCK GOLF □ SOFTBALL THROW
Mx Dbls Partner:Age	
	ROAD RACE: 1/2 Mile Walk 5K Walk (choose one)
*RACE WALK (technique required)	ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race
[*] RACE WALK (technique required) □ 1500M □ 5000M	ROAD RACE: 1/2 Mile Walk 5K Walk (choose one)
*RACE WALK (technique required)	ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race
 *RACE WALK (technique required) 1500M 5000M * RACQUETBALL Singles □ Doubles 	 ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race TRACK EVENTS 1500M Walk Athletes must choose race walking or walking! Athletes must choose horseshoe toss or horseshoe
[*] Race Walk (technique required) □ 1500M □ 5000M * Racquetball	 ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race TRACK EVENTS 1500M Walk Athletes must choose race walking or walking! Athletes must choose horseshoe toss or horseshoe tournament.
 *RACE WALK (technique required) 1500M 5000M * RACQUETBALL Singles □ Doubles 	 ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race TRACK EVENTS 1500M Walk Athletes must choose race walking or walking! Athletes must choose horseshoe toss or horseshoe tournament. Race Walkers, Runners, 1500M and 5K Walkers may not
*RACE WALK (technique required) 1500M 5000M * RACQUETBALL Singles Doubles Partner NameAge 	 ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race TRACK EVENTS 1500M Walk Athletes must choose race walking or walking! Athletes must choose horseshoe toss or horseshoe tournament. Race Walkers, Runners, 1500M and 5K Walkers may not compete in the ½ Mile walk.
*RACE WALK (technique required) 1500M 5000M * RACQUETBALL Singles Doubles Partner Name Age *Road Race 5K Run 	 ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race TRACK EVENTS 1500M Walk Athletes must choose race walking or walking! Athletes must choose horseshoe toss or horseshoe tournament. Race Walkers, Runners, 1500M and 5K Walkers may not compete in the ½ Mile walk.
*RACE WALK (technique required) 1500M 5000M * RACQUETBALL Singles Doubles Partner NameAge *Road Race 5K Run *SHUFFLEBOARD	 ROAD RACE: 1/2 Mile Walk 5K Walk (choose one) Wheelchair Race TRACK EVENTS 1500M Walk Athletes must choose race walking or walking! Athletes must choose horseshoe toss or horseshoe tournament. Race Walkers, Runners, 1500M and 5K Walkers may not compete in the ½ Mile walk. ONLY 5 swimming events may be chosen.
*RACE WALK (technique required) 1500M 5000M * RACQUETBALL Singles Doubles Partner Name Age *Road Race 5K Run 	 ROAD RACE: 1/2 Mile Walk 55K Walk (choose one) Wheelchair Race TRACK EVENTS 1500M Walk Athletes must choose race walking or walking! Athletes must choose horseshoe toss or horseshoe tournament. Race Walkers, Runners, 1500M and 5K Walkers may not compete in the ½ Mile walk. ONLY 5 swimming events may be chosen. Each team member or partner must register to compete.

Schedule of Events

Event Location Time Wednesday, September 27, 2017 8:00 am Check in till 4:00 p.m. Senior Activity Center *Pickleball Mixed Doubles Tanner Park 9:00 am *Archery Tanner Park *Golf Tournament Southern Landings *Horseshoes-Female Tanner Park *Softball Tournament D.L. Fountain Park *Volleyball Recreation Dept Gym *1500M Run MT Stadium 9:15 am *1500M Walk MT Stadium 9:30 am *40K Cycling Road Race Grovania 10:30 am *Discus MT Stadium 11:00 am *Horseshoes-Male Tanner Park 12:00 Noon B & W Billiards Ctr Billiards *Hammer Throw MT Stadium 1:30 pm *Shot Put MT Stadium 2:00 pm *5K Cycling - Time Trials Grovania Shuffleboard practice McIntyre Room *Javelin 3:00 pm Tanner Park Thursday, September 28, 2017 7:30 am Check in till 4:00 Senior Activity Center 8:00 am *Pickleball Doubles Tanner Park *Shuffleboard Singles-Male McIntyre Room 8:30 am *20K Cycling Road Race Grovania Gold Cup Lanes 9:00 am Team Bowling *Softball Tournament D.L. Fountain Park *100M Run MT Stadium *400M Run 10:00 am MT Stadium *Shuffleboard Singles-Female McIntyre Room 10:30 am *10K Cycling Time Trials Grovania

*Badminton Singles Recreation Dept Gym 1:00 pm *Bowling Doubles Gold Cup Lanes 1:30 pm *Triple Jump MT Stadium *Badminton Doubles Recreation Dept Gym 2:00 pm *Shuffleboard Doubles McIntyre Room 2:30 pm *Pickleball Singles Tanner Park (Number of registrants may require play to continue on Friday) *Badminton Mixed Doubles Recreation Dept Gym 3:00 pm *High Jump MT Stadium

MT Stadium

MT Stadium

*50M Run

*Long Jump

6:30 pm CELEBRATION & PARADE OF (ALL) ATHLETES until LIGHTING OF THE TORCH & ATHLETES OATH RECEPTION & ENTERTAINEMENT Wellston Center

8:00 pm	*Basketball 3-on-3-Male	1st Baptist-Garmon St
Friday, Sept	ember 29, 2017	
7:30 am	Check in till 4:00	Senior Activity Center
8:00 am	*Tennis Singles	Perkins Park
9:00 am	*5000M Race Walk	MT Stadium
	*Basketball 3-on-3-Male	1st Baptist-Garmon St
	*Bowling Singles	Gold Cup Lanes
	*Softball Tournament	D.L. Fountain Park
	*Table Tennis Doubles	McIntyre Room
10:30 am	*800M Run	MT Stadium
11:00 am	*Table Tennis Mixed Doub	oles McIntyre Room
11:30 am	*200M Run	MT Stadium
12:00 noon	*Bowling Mixed Doubles	Gold Cup Lanes
	*Tennis Mixed Doubles	Perkins Park
12:30 pm	*1500M Race Walk	MT Stadium
1:30 pm	*Table Tennis Singles	McIntyre Room
4:00 pm	*Tennis Doubles	Perkins Park
6:30 pm	Awards Dinner	Wellston Center
Until?	Entertainment	
	"Roaring Twenties"	

2017

TimeEventLowFriday, September 29, 2017SwSwimming Bool OpensAge

8:00 am 8:30 am 9:00 am Directly after Directly after Directly after 10:45 am Directly after Directly after Directly after Directly after 12:45 pm Directly after Directly after Directly after Directly after 2:45 pm Directly after Directly after Directly after Directly after **Swimming Pool Opens** Warm up for first 4 events *400Y Individual Medley *50Y butterfly *50Y Breaststroke *100Y Butterfly Warm up for next 4 events *200Y Individual Medley *50Y Freestyle *100Y Individual Medley *200Y Backstroke Warm up for next 4 events *200Y Butterfly *100Y Breaststroke *200Y Freestyle *50Y Backstroke Warm up for next 4 events *100Y Freestyle *200Y Breaststroke *100Y Backstroke *500Y Freestyle

Location Swimming

Aquanauts Pool

Aquanauts Pool Aquanauts Pool Aquanauts Pool Aquanauts Pool

Saturday, September 30, 2017

8:00 am	Check in till 10:00 am *5K Run	Senior Activity Center Senior Activity Center
	*Tennis Finals	Perkins Park
8:30 am	5K Walk	Senior Activity Center
9:00 am	*Racquetball-Singles	RAFB
	Checkers	Wellston Senior Ctr.
	Wii Bowling	Wellston Center
10:00 am	*Basketball 3-on-3- F	Recreation Dept Gym
	Football Throw	Perkins Park
	1/2 Mile Walk	Senior Activity Center
11:00 am	Clock Golf	Perkins Park
	Frisbee Throw	Perkins Park
	Wheelchair Race	Perkins Park
12:00 noon	*Racquetball Doubles	RAFB
	Softball Throw	Perkins Park
1:00 pm	Basketball Free Throw	Recreation Dept Gym
	Horseshoe Toss	Perkins Park

1st Baptist Church-210 Garmon Street, Warner Robins, 31088 Aquanauts Pool-Memorial Park-800 Armed Forces Blvd. WR, 31088 B & W Recreation Center-116 Peacock Drive, WR, 31088 D. L. Fountain Park-614 Kimberly Rd., Warner Robins, 31088 Gold Cup Lanes-1041 Russell Parkway, Warner Robins, 31088 Grovania-Elko Rd. (Nearest Lodging is in Perry, GA) 31036 Southern Landings Golf Club-309 Statham's Way, Warner Robins, 31088 McIntyre Room-WR Rec Dept-800 Watson Blvd., Warner Robins, 31088 Perkins Park-800 Watson Blvd., Warner Robins, 31088 Perkins Park-800 Watson Blvd., Warner Robins, 31093 Recreation Dept. (WR) Gym, 800 Watson Blvd., WR 31093 Robins AFB-Fitness Center-31098 Senior Activity Center-152 Maple St., Warner Robins, 31088 Wellston Center-155 Maple St., Warner Robins, 31093

* Asterisk denotes National qualifying events WR=Warner Robins

Additional copies of this booklet, registration form, team roster, event maps, etc. can be printed from the Georgia Golden Olympics website: www.georgiagoldenolympics.org

11:00 am

12:00 noon

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